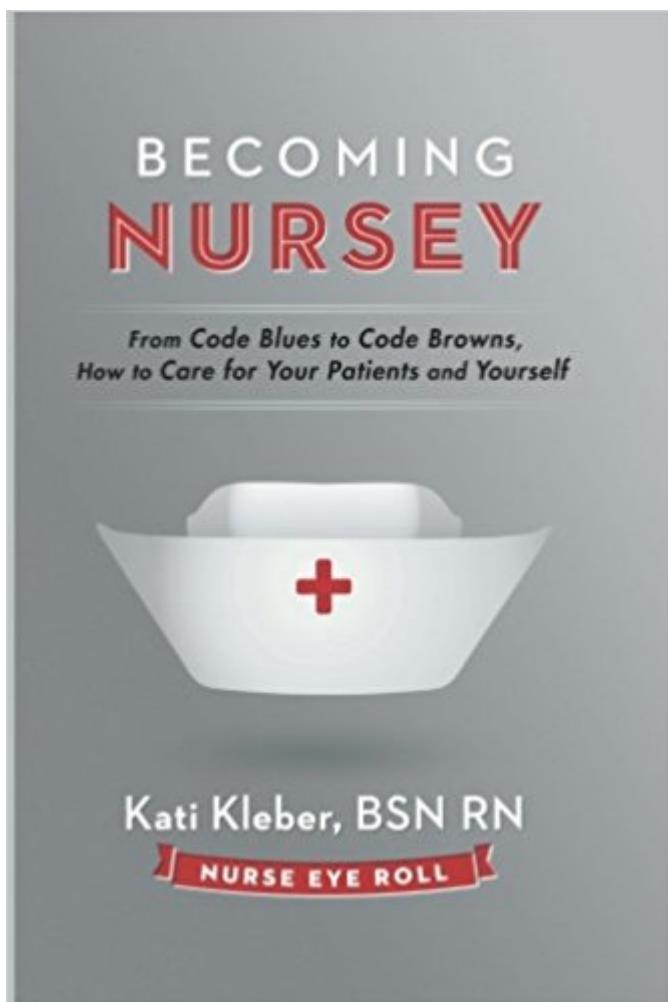


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# Becoming Nursey: From Code Blues To Code Browns, How To Care For Your Patients And Yourself



## Synopsis

Nursing isn't a career; it's a calling. Learning how to be a great nurse at the bedside while maintaining your sanity at home is no easy task. This book talks about how to realistically live as a nurse, both at home and at the bedside.. with a little humor and some shenanigans along the way. Comprised of both stories from the bedside and practical and honest advice, this book will provide you the tools you need to become a safe, caring, and efficient nurse as fast as possible. Based off of the popular nursing blog, Nurse Eye Roll, this ebook aims to ease the challenging transition from overwhelmed graduate nurse to successful bedside nurse. Get ready guys, it's about to get real, real nursery.

## Book Information

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## Customer Reviews

My name is Kati Kleber, BSN RN and I am a critical care nurse in Charlotte, NC, where I live with my husband and two adorable lab-mixes. I've been a nurse for four years, working both on the floor and in critical care. I started writing a blog for nurses in 2013 called NurseEyeRoll.com. I am contributor for Scrubs Magazine and Nurseonality. --This text refers to an out of print or unavailable edition of this title.

This was a quick little read about real life nursing. Certainly much more interesting and applicable than anything we ever had to read in nursing school! In my opinion, having been written by a fairly recent grad, some of it seemed much more applicable to someone who was just entering the work force. When discussing work/life balance, the author clearly states she does not have children and is newly married. I think younger grads will find much of this information very helpful. However, for

second career nurses, much of it is common sense by now. I did enjoy the time management chapter very much and thought she offered some great tips. The issue of time management is a HUGE thing to deal with upon graduation, and something that we can't really be prepared for during our schooling. Also, the chapter on assessments was helpful. The writing is light-hearted and easy to read. It's very straight forward. There are take home points for any new nurse.

As a nursing student, I am inspired by Kati Kleber. I follow her on social media and her podcast, and I love her enthusiasm for teaching new nurses. This book was funny and informative, very down to earth. I'm going to start re-reading it! Even my husband who doesn't like to read picked it up one day and read a few chapters. He kept saying "have you read this part yet? What about this part?" Had to tell him to be quiet til I finished the whole book!

A good read but nothing revolutionary. Despite its secondary title, I still do not know what the codes stand for... I like that she puts a good deal of emphasis on caring for yourself because nurses often neglect to do that.

I wish I would have had this book right after I graduated nursing school. Nevertheless, even though I am 1 1/2 years into my job as a Medical-Surgical nurse, I enjoyed reading it and I took several tips and incorporated a few into my practice. I have been recommending this book to several new nursing graduates.

As a new nurse I bought this book hoping for some insight and guidance. At first I thought it was ok, but as I kept reading I started to dislike it more and more. The first reason is because I thought some parts were totally unrealistic. Things like the time frame to get things done. I felt like in the "perfect" hospital setting then yes, perhaps all those things could get done in that very short time frame. But in the real world with 5-7 patients all with different needs it seems unreal. I also felt the author was somewhat self righteous...harder to explain this one but it's just the vibe I got throughout. This bothered me to the point that I almost didn't finish the book. Overall I would not re-read or recommend to a friend.

A must read for all new grads!! I have the same background as the author. graduated in 2010 with BSN, started on step-down, then eventually ended up in critical care. It's uncanny how similar our experiences were from graduation to the present. I only

wish I had a book like this 5 years ago when I was starting out! To realize that I wasn't alone in my feelings of inadequacy, anxiety, and plain being overwhelmed would have been SO reassuring and made that transition time easier. I frequently have students in their final year of nursing school assigned to me, and I plan on telling every single one of them to get this book!!!

Any new nurse or nurse student needs to read this book. It gives you great insight as to being a new nurse. Our 4th teacher recommended this book to us as we were finishing our 3rd level to get us thinking about the difference between nursing school and the real world nursing and how frightening it can be as a new nurse, after you graduated. I am in 4th level now and I can't tell you how many times she wants us to refer back to this book to learn how to approach different things that come up in the clinical setting. I have truly enjoyed each chapter. The first 1 or 2 chapters might start off a little slow but my advice to you is to keep reading because it is great.

Fine if you're a brand new nurse. Comes across as a bit condescending, even childish, but to each his own.

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